



Let's Do Lunch!

January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 Salisbury Steak Rosemary Red Potatoes Broccoli Wheat Bread w/ Margarine Orange 1% Milk	4 Chicken Parmesan Buttered Linguine Spinach Bread w/ Margarine Cantaloupe 1% Milk	5 Zucchini Enchiladas Stewed Tomatoes Flour Tortilla w/ Margarine Warm Apple Cobbler 1% Milk	6 Pork Chop w/ Glazed Apples Buttered Rice Beets Dinner Roll w/ Margarine Vanilla Pudding 1% Milk
9 Soft Beef Tacos Refried Beans Calabacitas Apricots w/ Cinnamon 1% Milk	10 Seafood Chowder Au Gratin Potatoes w/ Butter Brussel Sprouts Low Sodium Crackers w/ Margarine Peaches 1% Milk	11 Caribbean Jerk Chicken Dirty Rice Scandinavian Blend Vegetables Whole Wheat Roll w/ Margarine Mandarin Oranges 1% Milk	12 Pulled Pork Sandwich on Hoagie Roll Ranch Beans Cauliflower Banana 1% Milk	13 Fettucine Alfredo Zucchini Garlic Breadstick w/ Margarine Jell-O with Fruit 1% Milk
16 CLOSED	17 Denver Omelet Hash Browns Stewed Tomatoes Wheat Bread w/ Margarine Cottage Cheese w/ Fruit 1% Milk	18 Baked Ziti Sliced Carrots Crescent Roll w/ Margarine Warm Pears w/ Cinnamon 1% Milk	19 Lemon & Herb Roasted Chicken Rice Pilaf Green Beans w/ Peppers Dinner Roll w/ Margarine Blueberry Muffin 1% Milk	20 Philly Cheese Steak Sandwich Garlic Herb Steak Fries California Blend Vegetables White Cake w/ Cherries 1% Milk
23 Frito Pie Calabacitas Tortilla w/ Margarine Apple 1% Milk	24 Pollock w/ Tartar Sauce Angel Hair Pasta w/ Tomatoes and Parmesan Dill Carrots Whole Wheat Roll w/ Margarine Oatmeal Cookie 1% Milk	25 Sweet & Sour Chicken Brown Rice Oriental Blend Vegetables Fortune Cookies Mandarin Oranges 1% Milk	26 Corn Chowder Lima Beans Dinner Roll w/ Margarine Upside Down Pineapple Cake 1% Milk	27 Turkey Corndog w/ Ketchup & Mustard Scalloped Potatoes Squash Sliced Peaches 1% Milk
30 Sloppy Joe Tater Tots Spinach Sugar Cookie 1% Milk	31 Green Chile Chicken Enchiladas Spanish Rice Mexi-Corn Tortilla w/ Margarine Grapes 1% Milk	1 Jambalaya Broccoli Garlic Breadstick w/ Margarine Melon 1% Milk	2 Zucchini Herb Rice Casserole Green Beans w/ Mushrooms Biscuit w/ Margarine Green Apple 1% Milk	3 Roast Beef w/ Gravy Parmesan Mashed Potatoes Glazed Carrots Dinner Roll w/ Margarine Pumpkin Mousse 1% Milk